

TROOP 33 NOVEMBER CAMPOUT PACKING LIST

- Layers of clothing to keep warm for 2 days. See the reverse for examples of clothing layering for winter camping. November camping normally will not be quite as cold, but it is best to have winter camping layers available.

Clothing – **No Cotton**
<input type="checkbox"/> Winter socks – many pairs. Best combination is a light silk or polypro sock with a heavy wool sock
<input type="checkbox"/> Long underwear or equivalent – both top and bottom (if buying new, look for 100% synthetic or wool fabric, not "waffle pattern" cotton blend)
<input type="checkbox"/> Underwear for two days
<input type="checkbox"/> 2 Long sleeve shirts (wool or synthetic for good insulating quality)
<input type="checkbox"/> 2 Wool sweaters or polar fleece sweatshirts
<input type="checkbox"/> 2 Wool or synthetic pants
<input type="checkbox"/> At least 2 warm wool or synthetic hats (one for sleeping only that should be designed to stay on at night)
<input type="checkbox"/> Winter gloves or mittens (as many as you own and can borrow)
<input type="checkbox"/> Warm coat or equivalent
<input type="checkbox"/> Boots. Consider also bringing along sturdy, insulated winter boots preferable with liners (rubber is much better than leather, since leather will freeze at night)
<input type="checkbox"/> Additional sweat pants & sweat shirt & socks for sleeping only! Change all of your clothes, including your long underwear, inside your sleeping bag when you go to bed

****No Cotton****

- Winter rated sleeping bag – 2 regular sleeping bags loosely stuffed one inside the other will work (Nalgene-style water bottles can be filled with hot water for inside sleeping bag if cold)
- Closed-cell foam sleeping pad or equivalent
- Mess kit or equivalent
- Backpack or duffle bag to carry the gear
- All gear stored in plastic bags

- Day pack with the Outdoor Essentials:

Outdoor Essentials
<input type="checkbox"/> compass (and map if available)
<input type="checkbox"/> sunglasses
<input type="checkbox"/> sunscreen
<input type="checkbox"/> hat with brim for shade
<input type="checkbox"/> jacket – synthetic or wool
<input type="checkbox"/> stocking cap – synthetic or wool
<input type="checkbox"/> flashlight or headlamp (spare bulb if applicable)
<input type="checkbox"/> extra batteries
<input type="checkbox"/> personal first aid kit (see below)
<input type="checkbox"/> matches & striker in a waterproof container
<input type="checkbox"/> fire starter
<input type="checkbox"/> pocket knife and/or multi tool
<input type="checkbox"/> duct tape
<input type="checkbox"/> trail snacks (balanced, not high sugar)
<input type="checkbox"/> 2 water bottles (or equivalent) - filled
<input type="checkbox"/> emergency blanket
<input type="checkbox"/> rain gear (large plastic trash bag will work)
<input type="checkbox"/> insect repellent
<input type="checkbox"/> lip balm
<input type="checkbox"/> toilet paper in a small Ziploc bag
<input type="checkbox"/> bandana
<input type="checkbox"/> whistle
<input type="checkbox"/> signal mirror
<input type="checkbox"/> Totin' Chip (if you have earned it)
<input type="checkbox"/> Firem'n Chit (if you have earned it)
<input type="checkbox"/>

- Small first aid kit (you can make your own):

Personal First Aid Kit
<input type="checkbox"/> adhesive bandages – 6
<input type="checkbox"/> sterile gauze pads, 3 x 3 inch – 2
<input type="checkbox"/> adhesive tape – 1 small roll
<input type="checkbox"/> moleskin
<input type="checkbox"/> antiseptic – 1 small tube or several wipes
<input type="checkbox"/> small scissors
<input type="checkbox"/> disposable nonlatex gloves – 1 pair
<input type="checkbox"/> small bottle of hand sanitizer
<input type="checkbox"/>

- Pencil, paper, and Scout Handbook
- Class A & B Scout uniform
- Book or other material to read
- Toothbrush/ toothpaste

Clothing Layers for Winter Camping

Layers allow you to adjust your temperature to the amount of activity being performed, weather conditions, and outside temperature. The layers should keep you warm – not hot and sweaty. Take off or add layers as needed to keep warm.

Every Scout is required to demonstrate that they have the following items (or an acceptable equivalent), properly layered, with adequate insulating layers. Starting with 100 points total, 10 points will be deducted for every item missing/improperly layered/inadequately layered from the following list. Every Scout who is building snow shelters or taking part in the competition must be inspected.

Head – wool or synthetic hat or equivalent

Upper body (torso & both arms) - 2 ½ to 3 insulating layers ideal

1 layer = heavy sweater

½ layer = wool or synthetic underwear, shirt

Example:	Wool or synthetic underwear top	½	
	Long-sleeve wool or synthetic shirt	½	
	Heavy wool or fleece sweater	1	
	Ski jacket	1	
	Total =		3 insulating layers

Lower body & both legs - 2 to 2½ insulating layers ideal

1 layer = insulated ski pants

½ layer = wool or synthetic underwear or newer material

Example:	Wool or synthetic underwear pants	½	
	Wool or synthetic pants	½	
	Ski pants	1	
	Total =		2 insulating layers

Feet -
 light silk or polypro socks
 Heavy wool or synthetic socks
 Insulated boot insert
 Insulated boot

Hands -
 Thin wool or synthetic gloves
 Heavyweight gloves or mittens
 Mitten shell or covering

Layering and using your gear correctly is very important. No hat and gloves leads to a cold body; not just cold hands and head.